



CENTER FOR WELLNESS

Nourish and Cultivate a New Beginning

*ADULT & TEEN
MENTAL HEALTH PROGRAMS*

*SUBSTANCE ABUSE IOP
(Returning Shortly)*

PROGRAMS

ADULT MENTAL HEALTH PHP & IOP

ADOLESCENT MENTAL HEALTH IOP (Teen PHP soon)

SUBSTANCE ABUSE IOP (Returning Shortly)

OUTPATIENT COUNSELING

ABOUT US

CFW was founded by a double board-certified child/adolescent and adult psychiatrist.

We aim to be a premier provider of mental health and substance abuse services on a partial care, intensive outpatient and outpatient level.

WWW.CENTERFORWELLESSNJ.COM

Phone: 732-655-4239 (4CFW)

Email: info@centerforwellnessnj.com

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CENTER FOR WELLNESS

312 Applegarth Road
Suite 200
Monroe Twp, NJ 08831


Phone: (732) 655-4CFW (4239)


Fax: (732) 444-3120

WWW.CENTERFORWELLNESSNJ.COM

Email: info@centerforwellnessnj.com

 facebook.com/cfwnj

 twitter.com/cfwnj

 linkedin.com/in/cfwnj

OFFICE HOURS/SCHEDULE

Day	Hours
Monday	9:00 am-9:00pm
Tuesday	9:00 am-7:00pm
Wednesday	9:00 am-9:00pm
Thursday	9:00 am-9:00pm
Friday	9:00 am-5:00pm
Saturday	Closed
Sunday	Closed

We are centrally located in Monroe Township, Middlesex County, which borders on Monmouth and Mercer Counties, and we are roughly 20 minutes from Princeton, New Brunswick, Freehold, and Jackson.

We are within 3-5 miles of, and easily accessible from, the NJ Turnpike, Route 33 and Route 130.



CFW

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ADULT AND ADOLESCENT
MENTAL HEALTH PROGRAMS

SUBSTANCE ABUSE IOP
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OUR PROGRAMS

**ADULT MENTAL HEALTH PHP/IOP
& ADOLESCENT MENTAL
HEALTH IOP (Teen PHP soon)**

**SUBSTANCE ABUSE IOP
(Returning Shortly)**

OUTPATIENT COUNSELING (SFBT)

ABOUT US

Center For Wellness was founded by Dr. Gagandeep Singh, MD, a double board-certified child/adolescent and adult psychiatrist.

We aim to be a premier provider of mental health and substance abuse services on a partial care, intensive outpatient and outpatient level.

**Nourish and Cultivate a New
Beginning . . .**

**IMMEDIATE APPOINTMENTS
AVAILABLE**

PROGRAM SERVICES INCLUDE:

COMPREHENSIVE ASSESSMENT

PSYCHIATRIC EVALUATION*

MEDICATION MANAGEMENT*

GROUP THERAPY

INDIVIDUAL THERAPY

FAMILY SUPPORT

FAMILY AND CLIENT EDUCATION

**As part of PHP/IOP programs*

**Please Contact Us For
More Information**

732-655-4CFW (4239)

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CENTER FOR WELLNESS

At Center For Wellness, we strive to put the needs of the client first, while making medically and clinically appropriate recommendations to help them achieve success in conquering their symptoms.

With a dedicated and professional team, we aim to provide outstanding and clinically unparalleled treatment.





CENTER FOR WELLNESS

Nourish and Cultivate a New Beginning

PHILOSOPHY

At Center For Wellness, we strive to put the needs of the client first, while making medically and clinically appropriate recommendations to help them achieve victory in their battle against their symptoms.

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LOCATION

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