

### **Discussion Tract 3:**

- Who is someone in your life that you can be real with and why?
- Why is it so hard to be transparent about faith struggles at times?
- What kind of faith struggles we ought to share with someone?
- Read *Galatians 6:2* and *Romans 12:15*.
  - What does it mean to “bear one another’s burdens”?
  - How does this fulfill “the law of Christ”?
  - Why is transparency essential to following both passages?
- Share a time when someone helped you bear a burden, or you helped someone else.
- How does this help us to know God?