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ORAL & MAXILLOFACIAL SURGERY

Before Intravenous Anesthesia Sedation

- You may not have anything to eat or drink (including water, candy or gum) for eight (8) hours prior to the appointment.
- No smoking/vaping for at least 12 hours before surgery. Ideally, cut down or stop smoking as soon as possible prior to the day of surgery.
- No marijuana for a minimum of 4 days prior to the surgery.
- A responsible adult must accompany the patient to the office, remain in the office during the procedure, drive the patient home and remain with them until recovered (minimum 2-4 hours). If the patient is a minor, then a guardian must be present.
- The patient should not drive a vehicle or operate any machinery for 24 hours following anesthesia or while taking prescription pain medication.
- Please wear loose-fitting clothing with either short sleeves or sleeves which can easily be rolled up past the elbow, and low-heeled shoes.
- No contact lenses, jewelry, or dentures. All must be removed at the time of surgery if not left at home.
- Do not wear lipstick, excessive makeup, or nail polish on the day of surgery.
- If you have an illness such as a fever, cold, sore throat, stomachache or upset bowels, please notify the office ASAP.
- If you take routine oral medications, please check with us prior to your surgical date for instructions on taking these medications.
- Please call the office if you have any questions.

Your surgery appointment is: _____ Time: _____