

MY DOCTOR & ME

HEALTH AND WELLNESS PROGRAM

MEMBERSHIP AGREEMENT

This patient membership agreement (the “agreement”) specifies the terms and conditions under which you the undersigned patient (“Patient”) may participate in the program (“Program”) offered by “My Doctor & Me” and your physician. This agreement will become effective either on the date your physician commences the program or the date of your signature on this Agreement, whichever is later (the “Effective Date”).

1. **Program** – The program’s annual membership fee encompasses the following “Services”

- a. Annual Wellness program, including advanced wellness screenings, diagnostics, and wellness counseling
- b. Personal health record
- c. Direct access to your physician and team

2. **Annual Patient Membership Fee Levels:**

- \$4,250 Diamond Level (All-inclusive care and prevention package)
- \$3,500 Platinum Level (Total care and prevention package)
- \$2,000 Platinum Silver Level* (Total care and prevention for those with Medicare as primary insurer. ***does not include Medicare replacement plans**)
- \$1,850 Executive Gold Level (Basic Health and wellness package, (Executive Gold “Lite”¹⁸ -35 years old \$1250* Does not include baseline stress testing or echocardiogram)
- \$850 Aicher Level
- \$500* Member Level ***Financing available at this level with 2-year commitment**

3. **The Relationship Between Physician and My Doctor & Me** – You understand and acknowledge that each My Doctor & Me affiliated physician (“Physician”) is an independent contractor and not the agent, servant, or employee of “My Doctor & Me”. You further agree and understand that My Doctor & Me does not provide, supervise, or control the care that you receive from a physician. Rather, your care is furnished and directed solely by the “Physician” who exercises his/her own medical judgement in his/her practice of medicine. My Doctor & Me is not responsible for the judgement nor conduct of any Physician who renders service to you.

4. **Renewals and Termination** – The annual fee covers a period of one (1) year (the “Term”). Failure to pay the renewal Annual fee prior to the anniversary of the “Effective” date shall result in termination of your participation in the Program. (For example, if the effective date is May 15, 2023, you must renew on or before May 14, 2024. You or your Physician may terminate this agreement at any time upon thirty (30) days written notice. If you or your Physician terminates this agreement for any reason prior to receiving all your services, you will be eligible for a prorated refund. If you have received your services, you will not be eligible

for a refund, and you will be responsible for the balance of the Annual Fee. Upon your Physician's receipt of this "agreement" and the Annual Fee, your Physician shall have the option in its sole and absolute discretion, not to accept the Agreement and to return your payment to you. (e.g., due to limitation on the number of patients). Unless otherwise terminated this agreement shall automatically renew for an additional one-year period upon expiration of each term.

5. **Medical Services Excluded from Annual Fee** – The Annual Fee specified herein shall cover only the defined "services" described in Section above. Except for your included member services, you will be financially responsible for paying all healthcare and medical care services received by you from your Physician and his/her staff at the discounted cash rates specified in your membership level. Your Physician may bill you or Medicare, as the case may be, for those healthcare or medical services not provided to you according to the membership agreement. The membership enables your Physician to offer same day/next day/telephonic services at your convenience that start on time, are unhurried, 24/7 access to healthcare team by cell phone / text* of clinical staff and your physician. (*as specified by your membership level)
6. **Co-Payments** – The My Doctor & Me annual fee ***does not*** affect co-payments, deductibles, or co-insurance that you are required to pay pursuant to the terms of your insurance coverage when seeing a non "My Doctor & Me" physician. This is not insurance, you will continue to be financially responsible for any co-payments, coinsurance, or deductible amounts required by your insurers when seeing non "My Doctor & Me" participating entities.
7. The undersigned agrees to the terms of this Agreement, all of which are expressed herein. There are no promises or representations except set forth herein.
8. **Notices** – Any communication required or permitted to be sent under this Agreement shall be in writing and sent via U.S. mail to the addresses set in this Agreement.

My Doctor & Me:

35 W Church St Suite 103
Jasper, GA 30143

385 Lum Crowe Rd
Roswell, GA 30075

You:

Street Address _____

State _____ Zip _____

Concierge Services

- Direct access to Physician, Nurse, Medical Assistant
- Personal Healthcare Consultant Services
- 24-hour access for visit virtually
- Annual Health Risk Assessment
- Complete Administrative services* * as defined in your plan
- 24-hour or less sick appointments (Usually Same day)
- Annual /Full Health & Cardiovascular Risk Assessment
- “In Home” sick visits if needed

Diagnostic Services

- Electrocardiogram
- Echocardiogram
- Carotid duplex ultrasound
- Peripheral arterial ultrasound
- Venous ultrasound
- Abdominal ultrasound
- Renal ultrasound
- Ankle brachial index (ABI)
- Exercise Treadmill Test
- Myocardial Perfusion Imaging Stress Test (*Lexi scan + \$200)

Laboratory Services

- **Full Prevention Package** – Complete Metabolic Profile (CMP), Complete Blood Count (CBC), Hemoglobin A1c (HgbA1c), PT(INR), PTT, PSA, Nuclear Magnetic Resonance Lipid Profile, Testosterone (free & total*), Serum Cortisol, Progesterone, Estrogen, Follicle Stimulating Hormone, Luteinizing Hormone, Thyroid Function Tests, and Urinalysis.
- **Basic Package** – CMP, CBC, PT(INR), PTT, TSH, HgbA_{1c}, PSA, and Urinalysis
- **Anemia Package** – CBC with differential, Ferritin, Vitamin B₁₂ & Folate, Hemoglobin Electrophoresis, Reticulocyte Count and CMP, PT(INR)/PTT
- **Therapeutic Phlebotomy** – (Includes CBC and Serum Iron and Ferritin)
- **Diabetic Package**- CMP, CBC, Hgb A1c, NMR Lipid Profile, Amylase, Lipase, and Urinalysis.

Outpatient Services

- Cardiac CT Calcium Score (Virtual Imaging)
- Mammography
- Chest X-ray
- Pulmonary Function Testing

Clinical Services

- Annual History & Physical Exam
- Follow-up clinic visits
- Cardiology Consultation
- Hypertension Monitoring Evaluation and Education
- Heart Failure Management and Education
- Athletic Screening and Consultation

Prevention

1. Cardiovascular Screening

- Echocardiogram (Used to assess heart muscle and valve structure and function)
- Abdominal Ultrasound (used to identify abdominal aneurysms, gall stones, liver and peritoneal fluid)
- Renal ultrasound
- Venous Ultrasound (assess deep veins for clots or valve insufficiency)
- Peripheral Arterial Ultrasound (assess upper and lower extremity arteries for plaque and stenosis)
- Carotid Ultrasound (assess carotid arteries for plaque and stenosis)

2. Cardiovascular Risk Assessment

- Cardiac CT imaging (Calcium Score and assessment of plaque burden)
- Exercise Treadmill Stress Testing
- Myocardial perfusion imaging
- NMR of Lipids with full assessment of cardiac risk profile
- Detailed family and medical history

3. Primary Prevention

- Mammography
- Colonoscopy / Cologuard
- Blood Pressure Evaluation, Diagnosis, and Prescription if necessary
- Skin Survey
- Psychological Profile Assessment

4. Dietary Education

- Weight Loss Program
- Nutritional education
- Diabetic Teaching
- Dietician Consultation

Levels of Membership

\$4,250 – Diamond Level – “All Inclusive Care and Prevention” Package

Includes:

- 1.) All primary care and outpatient cardiovascular needs.
- 2.) Annual history and physical examination performed and one comprehensive “mid-year” scheduled assessment.
- 3.) All scheduled follow up visits and up to 4 requested “sick visits” per year.
- 4.) 24/7 direct access to your Physician and care team.
- 5.) Assigned personal Medical Assistant to facilitate implementation and administration of your care.
- 6.) Full annual baseline general wellness and cardiovascular status assessment.
- 7.) All listed diagnostic tests ordered and performed by your doctor at no additional charge.
- 8.) Assistance and guidance for all aspects of your and your families care plan needs. The goal of which is to assure all aspects of your care; primary & cardiovascular outpatient care, chronic specialist care, hospital and emergency care are economically covered with the least risk to you.
- 9.) All Platinum level services.

\$3,500 – Platinum Level – “Total Care and Prevention” Package

- All primary care and outpatient cardiovascular care needs.
- Annual history and physical with full health and cardiovascular risk assessment.
- 24/7 direct access to your physician and care team
- Full cardiovascular risk assessment with all indicated diagnostic services ordered by your healthcare team included.
- Appointment times booked for a minimum of 1 hour (assures minimal to no waiting).
- 40% discount on nonincluded services such as special labs or treatments.
- All follow up visits and up to 4 sick visits per year.
- Full prevention lab package
- 1 visit to outline and agree to a health management and prevention plan, designed to be executed in the years to come to have the greatest chance to live a long life with the highest quality.
- My Doctor & Me, your de facto healthcare advocate and partner by negotiating cash prices with other healthcare providers and advising on any

healthcare related issues. Scheduling of outside consults, referrals, and imaging. Referrals that require “cash payments” will be negotiated on your behalf before visit is confirmed. In cases where My Doctor & Me pays on your behalf you will pay negotiated amount directly to My Doctor & Me.

- Work with you to make medications affordable through manufacture rebates and assistance programs.
- Provide education and guidance when signing up for health insurance programs, especially Medicare, Medicare Supplements, ER and Hospital coverage.
- All administrative services included.

\$2,000 – Platinum Silver Level – “Total Care and Prevention” (≥65 years of age)

- All primary care and outpatient cardiovascular care needs.
- Full cardiovascular risk assessment with all non-Medicare covered services in our care package included. Medicare covered services will be billed by the provider.
- 24/7 direct access to physician medical team.
- 40% discount on non-covered cash services
- Annual History and Physical exam with a 6-month follow-up visit.
- Full prevention Lab Package
- Basic Administrative services package.

\$1,850 – Executive Gold Level- “Basic Health and Wellness” Package

- Full Health Risk Assessment
- Basic lab package
- 2 in office sick visits per year
- All primary care needs including a full annual exam with a 6-month follow-up.
- Cardiovascular screening (Exercise treadmill, Echocardiogram, Carotid ultrasound)
- 24/7 access to physician, medical assistant and nurse practitioner.
- 33% discount on non-included cash services
- Administrative services fee waived.

\$850 – Aicher Level- “Basic Health and Wellness-(Lite)” Package – (18-36 years of age)

- Basic Health and Wellness package excluding:
- Cardiovascular screening only if indicated.
- 25% discount on non-included cash services
- Annual history and physical only
- Administrative fee ***not*** waived.

\$500 – Member Level Primary Care Package

- Annual physical exam
- Basic lab package
- Full health risk assessment.
- Full access to nurse practitioner and medical assistant.
- 1 patient visit per year, either follow-up or sick, with each follow-up visit after being priced at \$75.
- Seen within 48 hours, usually same or next available.

This is designed to provide access to excellent healthcare easy and without unexpected, costly surprises. Your initial assessment can determine if you already have a medical condition that can cause major problems in the future. Those who identify as high risk will have early warning an opportunity to prepare for and prevent future disease along with the help of your caring providers who will assisting you in evaluating and choosing your care options. With membership in My Doctor & Me you will truly have a “doctor” in your family!

Payment Information

We accept cash, check, credit, debit, and Go Daddy Pay. Please **make checks payable to:**

My Doctor & Me LLC
35 W Church St. Suite 103
Jasper, GA 30143

Hassle free, no credit check financing is available with payment plans to fit all budgets.

www.mydoctorNme.com → Click on “payment”

www.atlantaheartdocs.com → Click on “My Doctor & Me”

This agreement will be automatically renewed charging the credit card that was originally used to join the program 30 days before your anniversary date.

Member Signature: _____ Date: _____

For office use only:

Selected Plan: _____

My Doctor & Me, LLC Representative Name: _____

Signature: _____ Date: _____