



# 2024

GENERAL SPONSOR



## TECHNICAL GUIDE



SUNDVOLDEN  
GRAND PRIX



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# SUNDVOLDEN GRAND PRIX

## Sundvolden GP. UCI CAT. 1.2

4<sup>th</sup> May 2024

Organizer: Ringerike sykkelklubb, Postboks 249, N-3502 Hønefoss, Norway.

### Key contacts:

<b>President of the club:</b>	Alexandra Buan	+47 98856687
<b>Race Director:</b>	Birger Hungerholdt	+47 99007004
<b>Administration manager:</b>	Lasse Martinsen	+47 90018034
<b>Race doctor:</b>	Silje Bråten	+47 90539598
<b>Covid-coordinator:</b>		
Runar Granstad		+47 90013000

### Headquarter (HQ) hotel:

May 3: Sundvolden hotel (All meetings)  
Address: Dronningveien 2, 3531 Krokkleiva  
GPS: Lat.: 60.062383 Lng.: 10.310428.

### PERMANENCE OPENING HOURS:

May 3: 16:00 – 20:00 Sundvolden hotel

### Hospital:

Ringerike sykehus: Arnold Dybsjords vei 1, Hønefoss. Phone: +47 32 11 60 00  
60.148865, 10.255540

### Showers:

Sundvolden hotel  
Address: Dronningveien 2, 3531 Krokkleiva

### ORGANIZATION:

#### Race director:

Administration manager:

Safety director:

Route manager:

Accommodation manager:

Race Headquarters/permanence:

Timekeeping and photo finish:

Communication manager:

Arena announcer:

Radio Tour:

Stationary marshalls manager:

Race safety assistant:

Chief of mobile escort:

#### COLLEGE OF COMMISSAIRES:

##### President of the commissaires panel:

Member of the jury:

Member of the jury:

Member of the jury:

Finish judge:

Timekeeper:

Moto commissaire 1:

Moto commissaire 2:

Broom commissaire:

Radio Tour:

#### Birger Hungerholdt

Lasse Martinsen

Ole Kristoffer Hole Olsen

Vidar Vatningen

Anette Johansen

Hanne Hatlelid

Jostein Tofte

Heiki Dahle

Tommy Berglund

Skjalge Kraglund

Ola Pedersen

Håkon Fosshaug Holst

Rune Olsen

#### Jaan Lepajoe(EST)

Rune Torkildsen(NOR)

Jarle Midtsveen(NOR)

Malin Nystrand(SWE)

Kåre Stokke(NOR)

Solveig Skottene(NOR)

Tor Arne Oltedal(NOR)

Jens Ranneries(Dk)

Terhi Haapsaari(FIN)

Skjalge Kraglund(NOR)

## PROGRAM:

Date	Time		
May 3rd	15:00	Commissaires meeting	Sundvolden hotel
May 3rd	16:00-18:30	Confirmation of starters and distribution of identification numbers, <b>also for Ringerike GP</b> . Licence check.	Sundvolden hotel
May 3rd	19:00	Team managers' meeting Sundvolden GP Ringerike GP	Sundvolden hotel
May 3rd	20:00	Safety meeting all drivers	Sundvolden hotel



## ENVIRONMENTAL CARE

Please respect the environment and behave responsibly during the race. The race route goes through many areas of vulnerable nature.

Waste disposal – no littering!

During the race your waste must be disposed in the designated zones, occurring after the feeding zone, and approximately each 40 km of the race (see map and route description). Please use the litter bags placed at all start and finish sites. It is mandatory for the riders to dispose their waste in the waste zones.



## RACE RULES & REGULATIONS

### Article 1. Organisation

Sundvolden GP is organized by Ringerike Sykkelklubb, Postboks 249, N-3502 Honefoss, Norway.

### Article 2. Type of Event

Sundvolden GP is a international one-day race, organized according to UCI rules and classified as a UCI 1.2 Men elite event in the UCI Europe Tour. Riders and all cars in the convoy must follow the instructions of Police, race-marshals and respect the Norwegian traffic rules. All roads are open for normal traffic, but a rolling closure will be organized. According to UCI 2.10.008, points are awarded as follows for the UCI Men Elite ranking: 40, 30, 25, 20, 15, 10, 5, 3, 3 & 3 points to the first 10 finishers by time.

### Article 3. Participation

As per article 2.1.005 of the UCI regulations, the event is open to the following teams: UCI ProTeams of the country, UCI Foreign ProTeams (max 2), UCI continental teams, UCI cyclo-cross professional teams, National teams, Regional and club teams.

According to UCI 2.2.003 bis teams must be formed of maximum 6 riders and minimum of 4 riders.

### Article 4. Race Headquarter

The race headquarters will be open Friday 3<sup>rd</sup> of May 2023 from 16:00 – 19:30 and Saturday 4<sup>th</sup> of May from 07:30 – 11:00. located at the following address: Sundvolden hotel, Dronningveien 2, 3531 Krokkleiva. GPS: Lat.: 60.062383 Lng.: 10.310428.

Team representatives are requested to confirm their starters and collect their race numbers and time transponders at the race headquarter from 16:00 to 18:30 on the 3<sup>rd</sup> of May 2024. A fixed order of teams will be issued for the registration.

### The team managers' meeting

The team manager's meeting for the Sundvolden Grand Prix and the Ringerike Grand Prix will be organized in accordance with article 1.2.087 of the UCI regulations with the delegation of the members of the commissaire panel.

It will be **one meeting** for both of the races - and the meeting will be held on 3 May 2024 at Sundvolden Hotel, Dronningveien 2, 3551 Krokkleiva ( Race office hotel)

**All information for both races will be given in a joint meeting.**

**There will be 2 separate draws for the “order of convoy” or the team leader's cars.**

### Article 5. Radio-Tour

Radio tour frequency: 154.925 mhz. Broadcasted in English.

### Article 6. Neutral Technical Support

The neutral support is taken care of by 3 cars from the organizer.

### Article 7. Classifications

There are no in-race competitions.

### Article 8. Prizes

The following prizes are awarded: See page 7. A grand total of € 6050 will be awarded in prize money at the event.

### Article 9. Anti-Doping

The UCI antidoping regulations are entirely applicable to the event. Moreover, and in conformity with the law of Norway, the Norwegian anti-doping legislation is applicable in addition to the UCI anti-doping regulations. Location of the tests if any will be announced. Selected riders for anti-doping control will be personally notified by a chaperon.

### Article 10. Awards Ceremony

According to UCI 2.3.046 immediately after the finish the first three riders must take part in the official award ceremony.

The top three riders of the race may be asked to attend a press conference after the race.

### Article 11. Sign On

All riders must sign on the protocol before the start. The protocol is posted 90 min. before the start and will be removed 10 minutes before the start. By signing on the start protocol the rider confirm that he has read and understand the race regulations and the route of the race. The team managers will be informed about slot times for sign inn at the team manager meeting.

### Article 12. Penalties

The UCI penalty scale is the only one applicable.

### **Article 13. Riders abandoning the race**

A rider who abandons the race shall immediately remove his race-numbers and deliver these to a commissaire.

### **Article 14. Team Cars**

The driving order of the team cars are determined by drawing lots. All the vehicles driving in the motorcade are restricted to a maximum height of 1.66 m (art. 2.2.032). All Teams Managers, that are not present will take part in drawing the lots, just they will be for the last places. Only one vehicle per team will be permitted to circulate at race level.

**All drivers are required to check the maximum weight load limit of the roof of their vehicles, and make sure that this limit not is exceeded. The sports director is according to the UCI regulations responsible for the team car. The driver of the car is the one responsible according to the Norwegian traffic regulations.**

### **Article 15. Alterations**

If it is necessary to alter any arrangements for the race, the Commissaire President, and the Race Direction will take these decisions.

### **Article 16. Feeding**

All static feeding must take place on the right side of the road (UCI art. 2.3.026). Feeding from the team car is allowed between 30 km after start and until 20 km before finish. Due to atmospheric conditions etc, the Commissaires panel may reduce the distance before feeding commences from the team cars, furthermore, they may also extend the distance before feeding closes. Such a decision will be communicated to interested parties in advance of the race.

Feeding zone will be listed at the route description and maps.

### **Article 17. Time limit**

Any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed.

The time limit may in exceptional circumstances be increased by the commissaires panel in consultation with the organiser (UCI 2.3.039).

Riders more than five minutes behind the main bunch at the following checkpoints will be stopped:

Vikersund, 44,6 km

Feeding zone, 79,2 km

Engerkrysset, 97,5 km

Engerkrysset, 134,2km

Skaret, 148,2 km

The race direction and the Commissaire president will monitor the situation through the race and have the right to stop dropped riders earlier in the race to ensure the security of the race.

### **Article 18. Race numbers and transponders**

Each rider has to put on two body numbers and one frame number. It is strictly forbidden to fold, cut or altered race numbers in any way. Information about time transponders will be given at the race HQ on the 3<sup>rd</sup> of May when picking up the race numbers.

All teams with new riders at their team for Ringerike GP are to bring back the transponders of the riders not starting Sunday. Contact Jostein Tofte (timekeeper) at the race HQ Saturday night. Riders doing both races **can keep** their transponders the whole weekend.

The time transponders must be returned to Jostein Tofte (timekeeper) at the finish line after the finish of Ringerike GP on Sunday (situated in a small van behind the stage).

### **Article 19. Covid-19 protocol**

All teams must follow the UCI Covid-19 protocol and the Covid-19 restrictions given by the organizer.

## **SPECIAL INSTRUCTIONS**

### **LAST 1000 M**

The last 1000-m is marked with signs with a red triangle.

### **RACE RESULTS**

Results will be published as soon as possible after the race on the organizers web site ([www.rgp.no](http://www.rgp.no)). Please register your mobile number and e-mail address at the permanence in order to receive e-mails and sms with results.

### **COMMUNICATIONS EQUIPMENT**

Hand-held radios will be issued on Friday 3<sup>rd</sup> May at the HQ Hotel for teams without radios. Radios will be individually signed for and are the responsibility of the holder and must not be interchanged or loaned out at any time.

### **PHONE NUMBERS**

A list of phone numbers will be distributed from the HQ on Friday 3<sup>rd</sup> of May.

## PRIZE MONEY SCALE

Place	Amount
1	2 425,00 €
2	1 210,00 €
3	610,00 €
4	305,00 €
5	240,00 €
6	180,00 €
7	180,00 €
8	120,00 €
9	120,00 €
10	60,00 €
11	60,00 €
12	60,00 €
13	60,00 €
14	60,00 €
15	60,00 €
16	60,00 €
17	60,00 €
18	60,00 €
19	60,00 €
20	60,00 €



	KM from start	KM to end	42 km/h	40 km/h	38 km/h
<b>Start - Sundvolden hotel</b>	<b>13:00</b>		<b>13:00</b>	<b>13:00</b>	<b>13:00</b>
<b>2,3 km neutral zone</b>					
<b>Official start Sundvolden</b>	<b>0</b>	<b>166,8</b>	<b>13:10</b>	<b>13:10</b>	<b>13:10</b>
Åsa	6,2	160,6	13:18	13:19	13:19
Attention - tunnel	8	158,8	13:21	13:21	13:22
Attention - short tunnel	9,1	157,7	13:22	13:23	13:24
Hesselberg	11,9	154,9	13:27	13:27	13:28
Snyta	18,4	148,4	13:36	13:37	13:39
Ask	20,2	146,6	13:38	13:40	13:41
Tyristrand	27,4	139,4	13:49	13:51	13:53
Drolsum	37	129,8	14:02	14:05	14:08
Hatlekryset - Vikersund	41,7	125,1	14:09	14:12	14:15
Vikersund	44,6	122,3	14:13	14:16	14:20
Waste zone	45,4	121,5	14:14	14:18	14:21
Brygga - first passing	69,7	97,2	14:49	14:54	14:59
Roine - First passing	72,7	94,1	14:53	14:59	15:04
Attention - Fast decent	72,7	94,1	14:53	14:59	15:04
Granum - First passing	76,3	90,5	14:58	15:04	15:10
Feeding zone	77,7	89,1	15:01	15:06	15:12
Roundabout	79	87,9	15:02	15:08	15:14
Kyllerud - first passing	79	87,8	15:02	15:08	15:14
Waste zone	79,1	87,7	15:03	15:08	15:14
Sjåstad - first passing	86,5	80,3	15:13	15:19	15:26
Sjåstad church - first passing	89,2	77,6	15:17	15:23	15:30
FV285/Åmotveien - first passing	93,8	73	15:23	15:30	15:38
Engerkryset - first passing	98,7	68,1	15:30	15:38	15:45
Sylling	99,5	67,4	15:32	15:39	15:47
Roundabout	101,7	65,1	15:35	15:42	15:50
Kyllerud - second passing	101,8	65	15:35	15:42	15:50
Roundabout	101,9	64,9	15:35	15:42	15:50
Roine - second passing	110,7	56,1	15:48	15:56	16:04
Granum - Second passing	114,3	52,5	15:53	16:01	16:10
Kyllerud - third passing	117,1	49,8	15:57	16:05	16:14
Sjåstad church - second passing	127,2	39,6	16:11	16:20	16:30
FV285/Åmotveien -second passing	131,8	35	16:18	16:27	16:38
Engerkryset -second passing	136,7	30,1	16:25	16:35	16:45
Skaret	148,7	18,1	16:42	16:53	17:04
Attention - Fast decent	150,7	16,2	16:45	16:55	17:07
Attention: Sharp turn left	151,2	15,6	16:45	16:56	17:08
Attention - tunnel	151,3	15,5	16:46	16:56	17:08
Utvika	156,7	10,1	16:53	17:05	17:17
Sundvollen	161,8	5	17:01	17:12	17:25
Waste zone	162	4,9	17:01	17:12	17:25
Start of climb	162,3	4,5	17:01	17:13	17:26
<b>Finish - Krokkleiva</b>	<b>166,8</b>	<b>0</b>	<b>17:08</b>	<b>17:20</b>	<b>17:33</b>



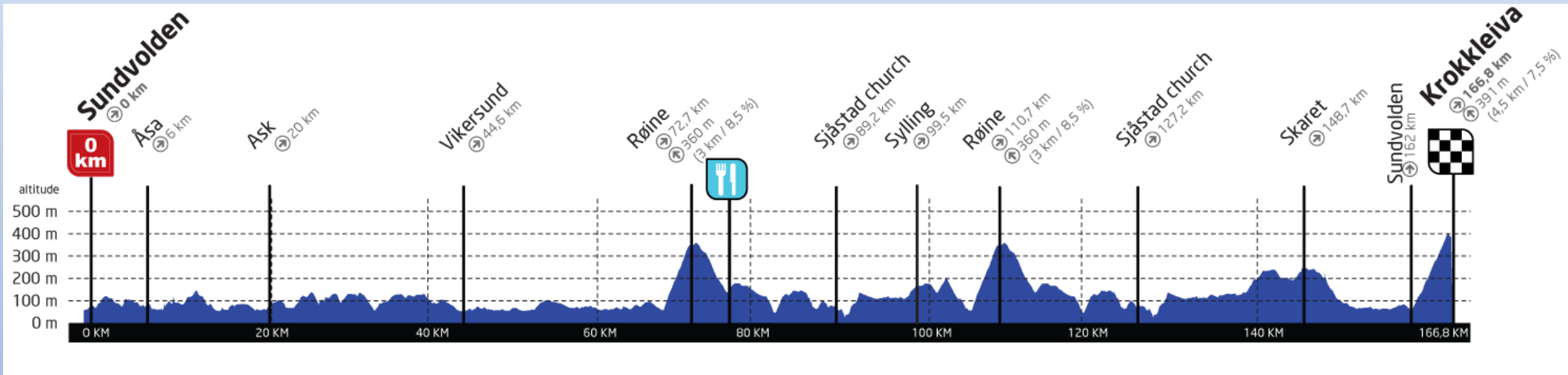
## START MAP



### Start address:

Sundvolden hotel,  
Dronningveien 2,  
3531 Krokkleiva. GPS: Lat.:  
60.062383  
Lng.:10.3100274

# Route profil



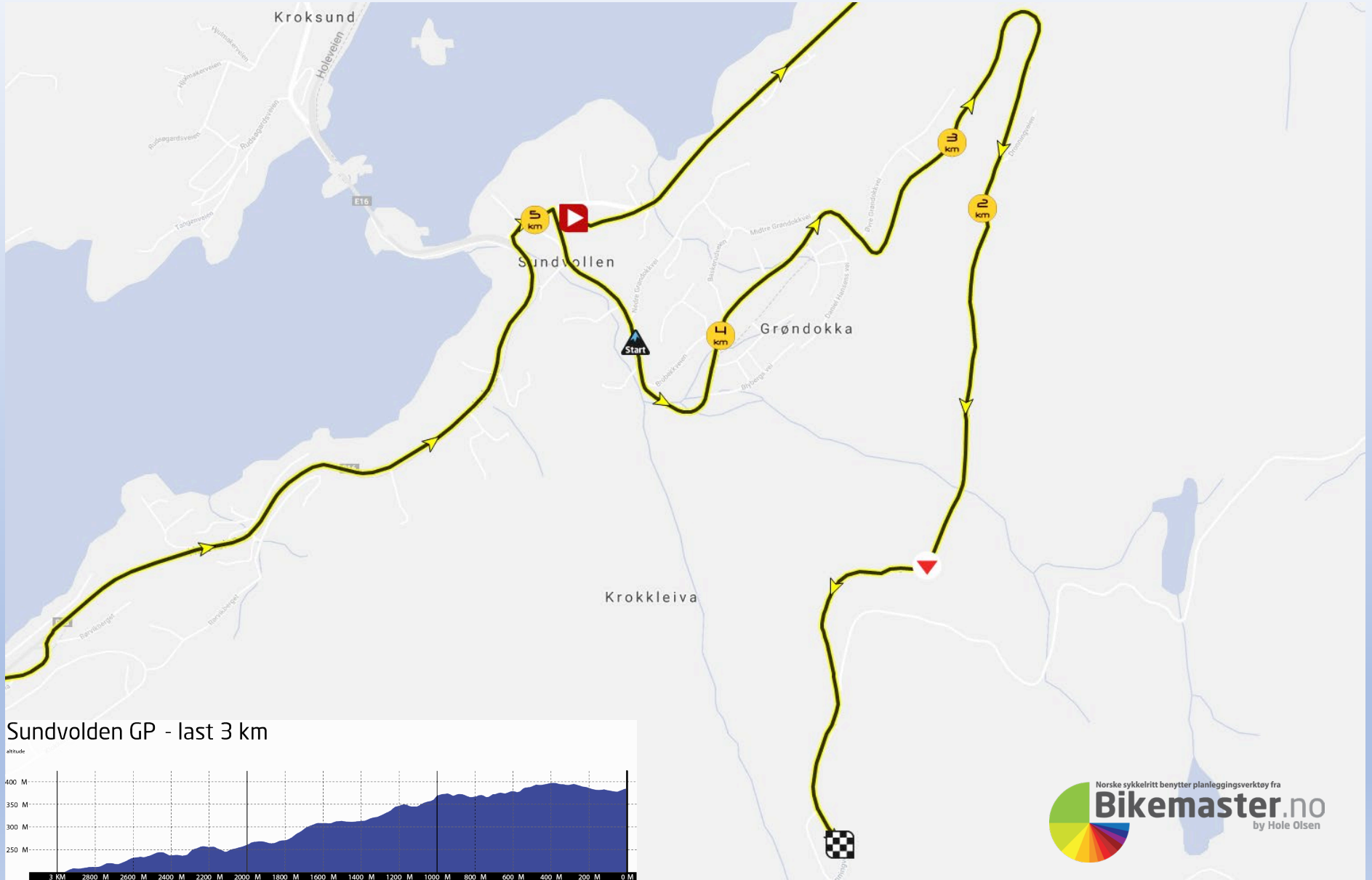


## ROUTE MAP

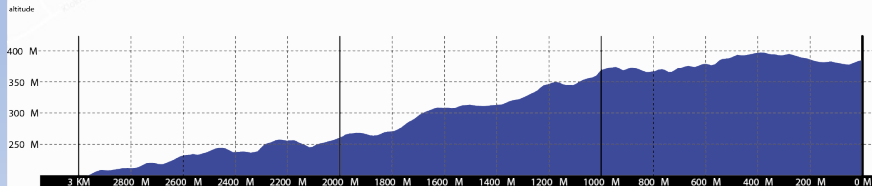
**Feeding zone address:**

Modumveien 120, 3410 Sylling  
59.9081716  
10.2795862

## MAP – LAST 3 KM



Sundvolden GP - last 3 km

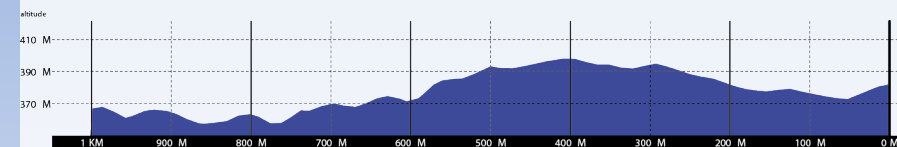


## MAP – LAST 1KM



Finish address:  
Dronningveien 550,  
3551 Krokleiva  
60.0508878  
10.2965806

## Sundvolden GP - last 1 km





## Ringerike GP. UCI CAT. 1.2

5<sup>th</sup> May 2024

**Organizer: Ringerike sykkelklubb, Postboks 249, N-3502 Hønefoss, Norway.**

### Key contacts:

<b>President of the club:</b>	Alexandra Buan	+ 47 98856687
<b>Race Director:</b>	Birger Hungerholdt	+ 47 99007004
<b>Administration manager:</b>	Lasse Martinsen	+ 47 90018034
<b>Race doctor:</b>	Silje Bråten	+ 47 90539598
<b>Covid-coordinator:</b>	Runar Granstad	+ 47 90013000

### Headquarter (HQ) hotel:

Sundvolden hotel (All meetings)  
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### PERMANENCE OPENING HOURS:

May 3: 16:00 – 20:00  
May 4: 17:30 – 20:00

### Hospital:

Ringerike sykehus: Arnold Dybsjords vei 1, Hønefoss. Phone: +47 32 11 60 00  
60.148865, 10.255540

### Showers:

Hønefoss Idrettspark, Ringeriksgt., 3510 HØNEFOSS  
60.158136, 10.265115

### ORGANIZATION:

#### Racedirector:

Administration manager:

Safety director:

Route manager:

Accommodation manager:

Race Headquarters/permanence:

Timekeeping and photo finish:

Communication manager:

Arena announcer:

Radio Tour:

Stationary marshalls manager:

Race safety assistant:

Head of mobile escort:

Birger Hungerholdt

Lasse Martinsen

Ole Kristoffer Hole Olsen

Vidar Vatningen

Anette Johansen

Hanne Hatlelid

Jostein Tofte

Heikki Dahle

Tommy Berglind

Skjalge Kraglund

Ola Pedersen

Håkon Fosshaug Holst

Rune Olsen

### COLLEGE OF COMMISSAIRES:

#### President of the commissaires panel:

**Jaan Lepajoe(EST)**

Member of the jury:

Rune Torkildsen(NOR)

Member of the jury:

Jarle Midtsveen(NOR)

Member of the jury:

Malin Nystrand(SWE)

Finish judge:

Kåre Stokke(NOR)

Timekeeper:

Solveig Skottene(NOR)

Moto commissaire 1:

Tor Arne Oltedal(NOR)

Moto commissaire 2:

Jens Ranneries(Dk)

Broom commissaire:

Terhi Haapsaari(FIN)

Radio Tour:

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## RACE RULES & REGULATIONS

### Article 1. Organisation

Ringerike GP is organized by Ringerike Sykkelklubb, Postboks 249, N-3502 Hønefoss, Norway.

### Article 2. Type of Event

Ringerike GP is a international one-day race, organized according to UCI rules and classified as a UCI 1.2 Men elite event in the UCI Europe Tour. Riders and all cars in the convoy must follow the instructions of Police, race-marshals and respect the Norwegian traffic rules. All roads are open for normal traffic, but a rolling closure will be organized.

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According to UCI 2.2.003 bis teams must be formed of maximum 6 riders and minimum of 4 riders.

### Article 4. Race Headquarter

The race headquarters will be open Saturday 4<sup>th</sup> of May 2022 from 17:30 – 20:00 and Sunday 7<sup>th</sup> of May from 07:00 – 09:30 and located at the following address: Sundvolden hotel, Dronningveien 2, 3531 Krokkleiva. Team representatives are requested to confirm their starters and collect their race numbers and time transponders at the race headquarter from 17:30 to 18:30 on the 4<sup>th</sup> of May 2023. A fixed order of teams will be issued for the registration.

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It will be **one meeting** for both of the races - and the meeting will be held on 3 May 2024 at Sundvolden Hotel, Dronningveien 2, 3551 Krokkleiva ( Race office hotel)

All information for both races will be given in a joint meeting.

There will be 2 separate draws for the "order of convoy" or the team leader's cars.

### Article 5. Radio-Tour

Radio tour frequency: 154.925 mhz. Broadcasted in English.

### Article 6. Neutral Technical Support

The neutral support is taken care of by 2 cars from the organizer.

### Article 7. Classifications

There are no in-race competitions.

### Article 8. Prizes

The following prizes are awarded: See page 18. A grand total of € 6050 will be awarded in prize money at the event.

### Article 9. Anti-Doping

The UCI antidoping regulations are entirely applicable to the event. Moreover, and in conformity with the law of Norway, the Norwegian anti-doping legislation is applicable in addition to the UCI anti-doping regulations. Location of the tests if any will be announced. Selected riders for anti-doping control will be personally notified by a chaperon.

### Article 10. Awards Ceremony

According to UCI 2.3.046 immediately after the finish the first three riders must take part in the official award ceremony.

The top three riders of the race may be asked to attend a press conference after the race.

### Article 11. Sign On

All riders must sign on the protocol before the start. The protocol is posted 90 min. before the start and will be removed 10 minutes before the start. By signing on the start protocol the rider confirm that he has read and understand the race regulations and the route of the race. The team managers will be informed about slot times for sign inn at the team manager meeting.

### Article 12. Penalties

The UCI penalty scale is the only one applicable.

### **Article 13. Riders abandoning the race**

A rider who abandons the race shall immediately remove his race-numbers and deliver these to a commissaire or the «broom wagon».

### **Article 14. Team Cars**

The driving order of the team cars are determined by drawing lots. All the vehicles driving in the motorcade are restricted to a maximum height of 1.66 m (art. 2.2.032). All Teams Managers, that are not present will take part in drawing the lots, just they will be for the last places. Only one vehicle per team will be permitted to circulate at race level.

***All drivers are required to check the maximum weight load limit of the roof of their vehicles, and make sure that this limit not is exceeded. The sports director is according to the UCI regulations responsible for the team car. The driver of the car is the one responsible according to the Norwegian traffic regulations.***

### **Article 15. Alterations**

If it is necessary to alter any arrangements for the race, the Commissaire President, and the Race Direction will take these decisions.

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All static feeding must take place on the right side of the road (UCI art. 2.3.026). Feeding from the team car is allowed between 30 km after start and until 20 km before finish. Due to atmospheric conditions etc, the Commissaires panel may reduce the distance before feeding commences from the team cars, furthermore, they may also extend the distance before feeding closes. Such a decision will be communicated to interested parties in advance of the race.

Feeding zone will be listed at the route description and maps.

### **Article 17. Time limit**

Any rider finishing in a time exceeding that of the winner by more than 8% shall not be placed.

The time limit may in exceptional circumstances be increased by the commissaires panel in consultation with the organiser (UCI 2.3.039).

Riders more than five minutes behind the main bunch at the following checkpoints will be stopped:

Hønengata, 40,1 km

Sundvollen, 65,15 km

Snyta, 93,13 km

Follum/Begnamoen, 106,97 km

Hønen , 130,24 km

Every passing of the finish line at the final laps.

The race direction and the Commissaire president will monitor the situation through the race and have the right to stop dropped riders earlier in the race to ensure the security of the race.

### **Article 18. Race numbers and transponders**

Each rider has to put on two body numbers and one frame number. It is strictly forbidden to fold, cut or altered the race numbers in any way. Information about time transponders will be given at the race HQ on the 3<sup>rd</sup> of May when picking up the race numbers.

All teams with new riders at their team for Ringerike GP are to bring back the transponders of the riders not starting Sunday. Contact Jostein Tofte (time keeper) at the race HQ Saturday night. Riders doing both races **can keep** their transponders the whole weekend.

The time transponders must be returned to Jostein Tofte (time keeper) at the finish line after the finish of Ringerike GP on Sunday (situated in a small van behind the stage). The transponders must also be delivered there.

### **Article 19. Covid-19 protocol**

All teams must follow the UCI Covid-19 protocol and the Covid-19 restrictions given by the organizer.

## **SPECIAL INSTRUCTION**

### **UNPAVED SECTIONS**

There is a stretch of 2,12 km wit gravel road between km 108,29 – km 110,41.

### **LAST 1000 M**

The last 1000-m is marked with signs with a red triangle.



**RACE RESULTS**

Results will be published as soon as possible after the race on the organizers web site ([www.rgp.no](http://www.rgp.no)). Please register your mobile number and e-mail address at the permanence in order to receive e-mails and sms with results.

**COMMUNICATIONS EQUIPMENT**

Hand-held radios will be issued on Saturday 4th May at the HQ Hotel for teams without radios. Radios will be individually signed for and are the responsibility of the holder and must not be interchanged or loaned out at any time.

**PHONE NUMBERS**

A list of phone numbers will be distributed from the HQ on Saturday 4th of May.

# PRIZE MONEY SCALE

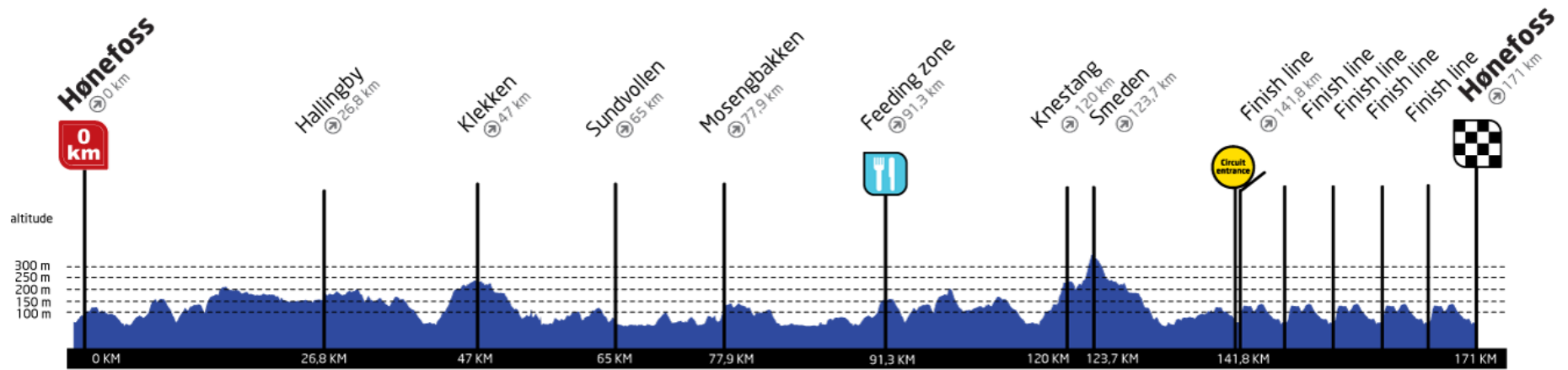
Place	Amount
1	2 425,00 €
2	1 210,00 €
3	610,00 €
4	305,00 €
5	240,00 €
6	180,00 €
7	180,00 €
8	120,00 €
9	120,00 €
10	60,00 €
11	60,00 €
12	60,00 €
13	60,00 €
14	60,00 €
15	60,00 €
16	60,00 €
17	60,00 €
18	60,00 €
19	60,00 €
20	60,00 €



	KM from start	KM to end	42 km/h	40 km/h	38 km/h
<b>Start - Hønefoss</b>	<b>12:15</b>		<b>12:15</b>	<b>12:15</b>	<b>12:15</b>
<b>2,8 km neutral zone</b>					
<b>Official start - Tolpinrud</b>	<b>0</b>	<b>171,2</b>	<b>12:20</b>	<b>12:20</b>	<b>12:20</b>
Snyta - first passing	2,8	168,5	12:23	12:24	12:24
Ask - first passing	4,4	166,8	12:26	12:26	12:26
Sandaker bru - first passing	9,9	161,3	12:34	12:34	12:35
Veientoppen	12,6	158,6	12:38	12:38	12:39
Kilebakken	15,4	155,8	12:41	12:43	12:44
Skollerud	26	145,2	12:57	12:58	13:01
Hallingby	26,8	144,4	12:58	13:00	13:02
Hen	34,7	136,5	13:09	13:12	13:14
Attention: Narrow bridge	34,8	136,4	13:09	13:12	13:14
Nymoen, first passing	36,5	134,7	13:12	13:14	13:17
<b>Waste zone</b>	<b>36,9</b>	<b>132</b>	<b>13:13</b>	<b>13:15</b>	<b>13:19</b>
Hønegata/Hvalsmoelien - first passing	40,2	131	13:17	13:20	13:23
Hvalsmoen	41,5	129,7	13:19	13:22	13:25
Attention - narrow underpass	42,6	128,6	13:20	13:23	13:27
Vang skole	45,8	125,4	13:25	13:28	13:32
Klækken - first passing	47	124,3	13:27	13:30	13:34
Attention - tunnel	53,9	117,3	13:37	13:40	13:45
Attention - tunnel	55	116,2	13:38	13:42	13:46
Åsa	56,9	114,3	13:41	13:45	13:49
Sundvollen	65,2	106,1	13:53	13:57	14:02
Vik	68,3	102,9	13:57	14:02	14:07
Svendsrud	72,5	98,7	14:03	14:08	14:14
Bønsnes Church	76,6	94,6	14:09	14:14	14:21
Mosengbakken - top	77,9	93,3	14:11	14:16	14:23
Leine	79,5	91,7	14:13	14:19	14:25
Kirkebakken	84,6	86,6	14:20	14:26	14:33
Helgelandsmoen	86,8	84,5	14:23	14:30	14:36
Busund	89	82,2	14:27	14:33	14:40
<b>Feeding zone</b>	<b>91,3</b>	<b>79,9</b>	<b>14:30</b>	<b>14:36</b>	<b>14:44</b>
<b>Waste zone</b>	<b>91,6</b>	<b>79,2</b>	<b>14:30</b>	<b>14:37</b>	<b>14:44</b>
Snyta - second passing	93,1	78,1	14:33	14:39	14:47
Ask - second passing	94,8	76,4	14:35	14:42	14:49
Sandaker Bru - second passing	100,3	70,9	14:43	14:50	14:58
Follum/Begnamoen	107	64,3	14:52	15:00	15:08
Attention: Railway crossing	107,4	63,8	14:53	15:01	15:09

Attention: Gravel section	108,2	63	14:54	15:02	15:10
Gravel start	108,2	63	14:54	15:02	15:10
Hensfoss kraftstasjon	110,2	61	14:57	15:05	15:14
Gravel section end	110,3	60,9	14:57	15:05	15:14
<b>Waste zone</b>	<b>110,6</b>	<b>60,6</b>	<b>14:58</b>	<b>15:06</b>	<b>15:15</b>
Nymoen, second passing	111,1	60,1	14:58	15:06	15:15
Høengata/Hvalsmoieven - second passing	114,9	56,4	15:04	15:12	15:21
Attention - narrow bridge	116,8	54,4	15:06	15:15	15:24
Knestang	119,9	51,3	15:11	15:19	15:29
Vang skole	121,9	49,4	15:14	15:22	15:32
Smeden	123,6	47,6	15:16	15:25	15:35
Klækken - second passing	125,5	45,7	15:19	15:28	15:38
Hesselberg	129,7	41,5	15:25	15:34	15:44
Hønen	130,2	41,1	15:25	15:35	15:45
Busund	132,1	39,1	15:28	15:38	15:48
Snyta - last passing	136,2	35	15:34	15:44	15:55
Tolpinrud - last passing	139,7	31,5	15:39	15:49	16:00
Attention - Fast decent	139,8	31,4	15:39	15:49	16:00
Attention - Sharp turn and narrow road	141,2	30	15:41	15:51	16:02
<b>Entering final circuit</b>	<b>141,5</b>	<b>29,7</b>	<b>15:42</b>	<b>15:52</b>	<b>16:03</b>
<b>Passing finish line - first passing - 5 laps to go</b>	<b>141,7</b>	<b>29,5</b>	<b>15:42</b>	<b>15:52</b>	<b>16:03</b>
Attention - Narrow bridge	143,5	27,7	15:45	15:55	16:06
<b>Feeding zone</b>	<b>143,8</b>	<b>27,4</b>	<b>15:45</b>	<b>15:55</b>	<b>16:06</b>
<b>Waste zone</b>	<b>144,1</b>	<b>27,1</b>	<b>15:45</b>	<b>15:56</b>	<b>16:07</b>
Veientoppen -first passing	144,6	26,6	15:46	15:56	16:08
Finish line - 4 laps to go	147,6	23,6	15:50	16:01	16:13
Finish line - 3 laps to go	153,5	17,7	15:59	16:10	16:22
Finish line - 2 laps to go	159,4	11,8	16:07	16:19	16:31
Finish line - 1 lap to go	165,3	5,9	16:16	16:27	16:41
Veientoppen - last passing	168,2	3	16:20	16:32	16:45
<b>Finish - Hønefoss</b>	<b>171,2</b>	<b>0</b>	<b>16:24</b>	<b>16:36</b>	<b>16:50</b>

# Ringerike Grand Prix route profile



**PPO: Gigstadsvei 1, 3511 Hønefoss. GPS: 60.158566, 10.256598**

**Start address: Søndre torg, 3500 Hønefoss. GPS: 60.165644, 10.255747**



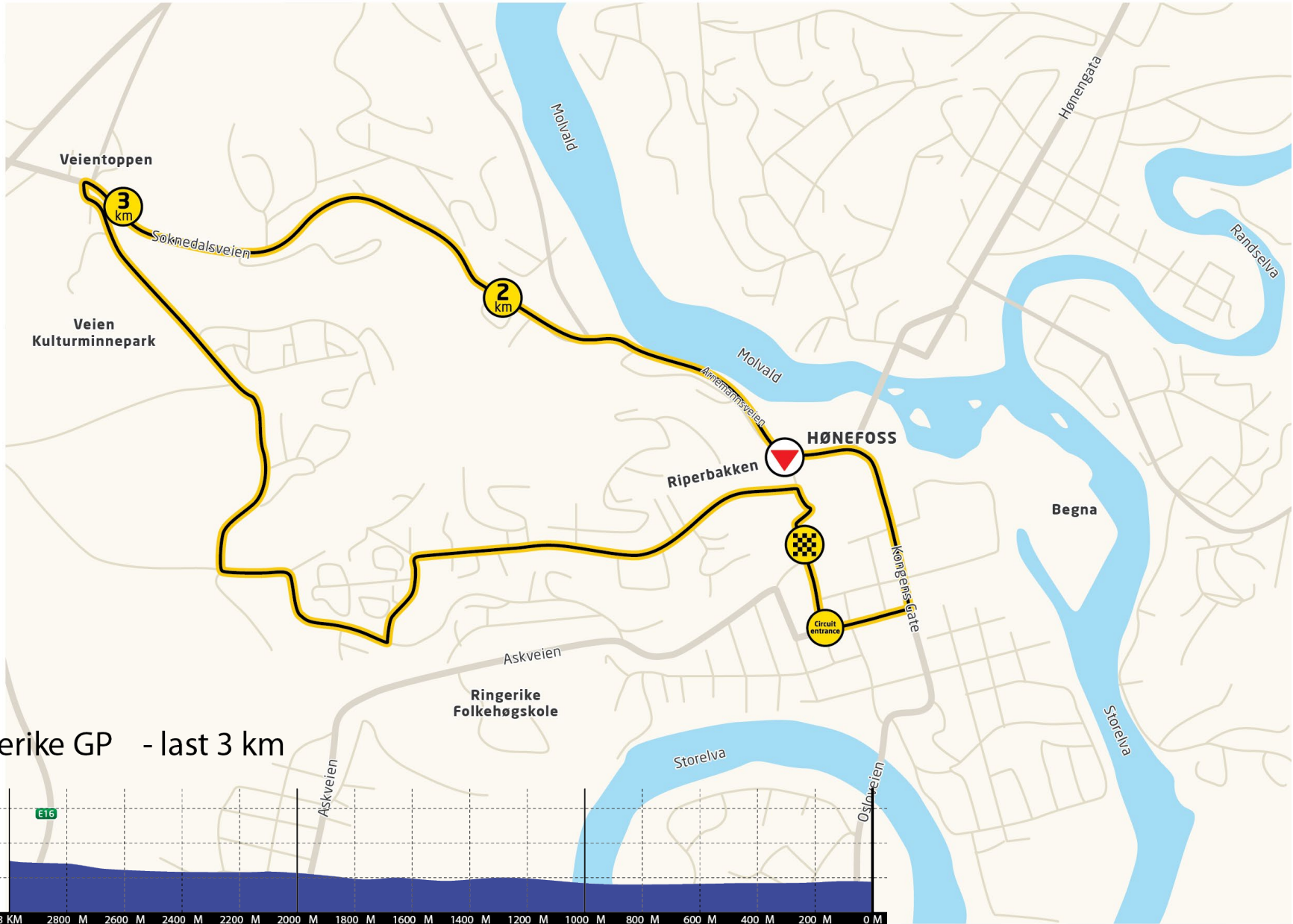
## ROUTE MAP

### Feeding zone address:

Nymoen, Hensveien 36, 3516 Hønefoss

Busundveien 85, 3519 Hønefoss,  
60.129197, 10.213960

Ringveien, 3500 Hønefoss  
60.169616, 10.229005





# Ringerike Grand Prix – last 1 km

